



Beauty, laser & wellness center
Monica Bonakdar, MD

Advanced Clinical Skincare Consent Form

Clinical Skincare Treatments can provide marked improvement in the appearance of your skin. These treatments include Microdermabrasion, Micropeel, Micropeel Plus, Ultimate Peel, Retin-A Peel, Vitamin C Peel, and Pigment Peel Plus. Some of these treatments have no down time and some have limited to moderate down time. Masks are also available to address specific skin issues. Each procedure is an exfoliating process targeted for different skin needs. Not everyone is a candidate for every procedure. During your skin evaluation, an individualized program will be established for you. Your program will include office treatments and physician grade skincare products to achieve healthier more beautiful skin. You are encouraged to ask questions to fully understand your skin care program.

CONDITIONS WE NEED TO KNOW ABOUT BEFORE STARTING

- Herpes Cold Sores – please ask us for an antiviral prescription
- Accutane use in the past year
- Pregnancy or breast feeding
- Recent facial surgery
- Chemotherapy or Radiation therapy

ONE WEEK BEFORE YOUR TREATMENT

Avoid the following procedures for one week prior to your peel:

1. Electrolysis
2. Waxing
3. Depilatory Creams

TWO TO THREE DAYS BEFORE YOUR TREATMENT

1. Stop using active ingredients such as Alphahydroxy or Betahydroxy Acids, or Retin-A, products.
2. Eliminate excessive sun exposure
3. Avoid any abrasives such as an exfoliating sponge

AFTER YOUR PEEL

1. With no down time peels your skin may be slightly pink or red for the day. You may apply makeup immediately after treatment. You may resume the regular use of Retin-A, alpha-hydroxy acid products or bleaching creams after the peeling process is complete.
2. With limited down time peels redness, flaking and/or peeling are normal during the renewal process and should subside in a few days. You will be told what products to use during the healing process and what to switch to after the renewal process is complete.
3. Do not have any other facial treatment for a least one-week after your peel.
4. Call the office immediately if you have any unexpected problems after the procedure.

I understand that medical treatment is not an exact science and the degree of improvement is variable. I understand that occasionally there is minimal improvement and another form of treatment may be required. By my signature below, I acknowledge that I have read the Clinical Skincare Consent form and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with clinical skincare treatments.

x _____
Patient Signature Date

x _____
Staff Signature Date